



Student Mentors: Keeping Your House Clean & Tidy

Cleaning is not the most glamorous task, but someone's got to do it! Right now it's all the more important to ensure your home is clean and tidy. So, hopefully with our top tips your house sparkling in no time.

Get organised

Create a list everything that needs cleaning and who will be responsible for cleaning what. It might not seem like much, but it will really help to reduce the amount of time you spend cleaning overall and also ensures everyone is joining in.

Race against the clock!

We all struggle to get motivated when cleaning, so why not turn it into a challenge. Designate rooms to each housemate, set a timer, and whoever finishes first wins – you decide the prize! There's nothing like a bit of healthy competition to get the job done.

Why not make cleaning into a workout?

You're up on your feet, lifting, carrying, mopping and sweeping – you'd be surprised at how many calories you're burning! Make it even more fun by turning up the radio and incorporating your hoovering into a dance routine. Whether you like pop, metal or classical - music gets you moving and gives your brain something to concentrate on.

Get other people involved!

What better time to catch up than over some dirty dishes? Multi-tasking can ease the mundanity of cleaning, particularly if there's a good story to be heard. Pop your phone on speaker and you can go hands-free, leaving you able to complete your chores and have a chat!

Put on your favourite show or film.

If you're tidying alone, this can be a perfect opportunity to get some "me time" in. Take the chance to catch up on that episode you missed, or to rewatch your go-to film. You may be cleaning, but it will go so much quicker when you're distracted by your favourite film.

Take inspiration from Mrs Hinch.

She's self-proclaimed "cleaning mad", so who better to help you leave your Uni home spotless? Check out some of her top tips [here](#) or watch her video tips [here](#).